



## **Caring You Can Count On: Home Care Tips from Central Penn Nursing Care**

IN THEIR PLACE

August 29, 2011

Many seniors who choose to remain at home rely on live-in home care aides to maintain their security and independence. These trained, experienced, and compassionate professionals provide the ultimate round-the-clock care and companionship. They get to know the seniors as individuals with unique needs. In turn, they themselves are often treated like family members. Live-in home care aides engage their seniors in appropriate daily activities, prepare their meals, and accompany them to their appointments and even social events. The aides' presence provides peace of mind for the seniors and their families. They help alleviate any feelings of isolation and depression the senior may be experiencing when alone. To learn more about live-in home care, contact your home care service provider.

Central Penn Nursing Care offers full-time care by compassionate and experienced caregivers. But if your loved one's needs are more limited, we can also offer a wide range of services, ranging from daily visits to the occasional overnight respite visit so that you can go out for the evening.

We have two locations: (717) 569-0451, Lancaster, and (717) 361-9777, Elizabethtown, or you may contact us through our website at [www.cpnc.com](http://www.cpnc.com). *Home care you can count on!*

P.S. Live-in aides provide continuity of care for at-home seniors.