



Caring You Can Count On: Home Care Tips from Central Penn Nursing Care

STAY RIGHT THERE

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According to the AARP, over 80 percent of seniors in America prefer to stay in their homes as they age; they have determined to “age in place.” A majority of seniors prefer that arrangement, hoping to maintain their quality of life as they age. Their surroundings are familiar, and the layout, the furniture, and the memories that are present offer seniors a sense of security and comfort. They are familiar with their neighborhood and community, and they may live close to family. Aging in place is especially helpful in preserving the seniors’ feelings of independence. If and when it becomes necessary, helpful assistance from home healthcare aides can help make aging in place possible.

P.S. We make aging in place a comfortable possibility. Our in-home caregivers can shoulder tasks that may be too much for your aging loved one, things like cooking, light cleaning, and help with bathing. In addition, we can provide the security that comes from knowing your loved one isn't alone.

Call us in Lancaster (717) 569-0451, or you may contact us through our website at www.cpnc.com. *In-Home Nursing Care you can count on!*