



Caring You Can Count On: Home Care Tips from Central Penn Nursing Care

PERFECT TIMING

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For seniors who have decided to “age in place,” there may come a time when they require some personal assistance. Even though they are in familiar surroundings, their personal capabilities change. Among other issues, at-home, aging individuals may face a decrease in mobility, a lessening of muscle strength, impaired vision, and hearing loss. When that time comes, engaging the services of a homecare provider is critical. To help ensure that seniors can continue living in their homes, homecare assistance can provide a wide variety of help, including meal preparation, light housekeeping, transportation services, and medication reminders. In addition, as seniors spend more and more time at home, caring and compassionate homecare aides offer valuable companionship.

We are proud to offer a large range of caregiver services, so that your loved one can have as much help as he or she needs. We offer everything from occasional respite overnight care to a full-time live-in caregiver, and everything in between. And we're happy to adjust to your loved one's changing needs.

P.S. Homecare aides provide valuable respite for the families of at-home seniors.

Call us in Lancaster (717) 569-0451, or you may contact us through our website at www.cpnc.com. *In-Home Nursing Care you can count on!*